

Cover Photo courtesy of Vicky Welch

LYVENNET LINKNext Issue - 1st August 2021Copy deadline 25th July 2021

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The views expressed in this newsletter are not necessarily those of the editor, the Parish Council or MMVI. The right to edit any contributions is reserved and inclusion is subject to available space. Articles and contributions etc., would be appreciated preferably by e-mail <u>nickthomas@macace.net</u>. Please send items as either text in the body of the email or as a word document. (apple-mac files acceptable) Please do not send Microsoft publisher documents as I am unable to open them.

Welcome to the June edition of the Link.

It has been kindly distributed by Darren and Sarah Rogers and Kitty Smith. Their contact lists will not reach everybody, so please feel free to distribute this as you wish. If you are not on any of these lists and would like to be please email me at the email address above.

Many Thanks to all contributors and in particular the Rogers, Kitty, Vicky and Joan who regularly help make these lockdown Links varied and interesting.

Many thanks to all contributors and again to Darren Rogers and Kitty Smith for distributing the Link through their contact lists.

Nick Thomas.



POSTPONED

Due to the extension of Covid Restrictions until 19th July the planned Coffee

Morning at MMVI has been postponed from Monday 5th July to

Monday 2nd August.

Covid Restrictions permitting.



BUSINESS OPPORTUNITIES

Are you interested in starting a new business or re-starting one which had to close due to Covid-19?

If yes, and you're looking for a venue, MMVI is able to offer a modern multi-purpose building with wi-fi and excellent kitchen facilities fitted out to commercial standards. Ideal for running seminars and courses as well as classes and popups.

Very favourable rates are available to enable you to get started with little outlay.

If you would like to see the facilities that MMVI has to offer and/or to discuss your ideas then please contact Margaret Jarvis on 01931 715441 or Adele Murdoch on 07860 282802.

MAULDS MEABURN SHELTER......

Many of you will no doubt have heard, that sadly on Sunday 20th June, Kitty's basket and preserves complete with money jar and Katie's Cards' money jar were stolen from the shelter. As you know the shelter has become the 'hub' of the local community as well as a pleasing sight to visitors, where people can pick up their newspaper, get a book, find out what is 'going on ' locally and in more recent times, during lockdown has provided a source of assistance whilst at the same time supporting local people and small businesses. For years the 'honesty' system has not been abused and shows the strong values we hold as a community and indeed what makes us so special. It would seem that on Sunday some individuals 'passing through' and perhaps unappreciative of those values decided to take what was not theirs. This was such a sad end to the day after it had begun with a tray of treats to celebrate Fathers' Day.

So whilst Katie's cards remain, Kitty's basket has not been replaced but her jams and preserves are still available from the box outside Midtown Farm and by contacting her directly. Kitty would also urge you to look out for her wicker basket when out walking locally in case it has been just 'dumped' as she would very much like it back.

Whilst part of us might feel that this was something bound to happen sooner or later, it does pose the question as to whether I should strip the shelter bare and let this 'one off' incident spoil what it stands for, or should it continue as before, promoting the values we all hold. I prefer the latter and with that in mind please note a new addition.....small bottles of locally pressed apple juice available at £1.50 each, money to be placed in the honesty jar.

Sarah Rogers

NEWS FROM CROSBY RAVENSWORTH C OF E SCHOOL

We begin this month with the fantastic news that just under £1000 was raised from our sponsored walk back in May, which has been shared between the Great North Air Ambulance and school funds. Well done once again to all of the children with their walking legs and their kind sponsors.

Following on from last month's 'Sound Walk' together with Cumbrian sound artist, Dan Fox, the children have made a piece of music recorded entirely from the natural sounds collected on the walk. Examples included the flowing of the river, birdsong and the rush of the wind through the trees. One of the children sang 'the hills are alive' in church and this formed the centrepiece of the composition. Another child improvised a drum beat using a road sign. We are most grateful to the Westmorland Dales for funding this project which was thoroughly enjoyed by the children, words such as 'terrific' and 'the most relaxing thing I have ever done' being just some of their reactions. The recording can be heard both from our school's facebook page and website.



The childrens' swimming lessons have also been enjoyed and the teachers have been most impressed with the progress made across all ages.

So here we are in July and fast approaching the end of the summer term and the summer holidays. End of year reports are being written, the children are designing a badge for their team on Sports Day (hoping that theirs will be the winning design) and of course there is the Leavers' Service when our thoughts will be with William and Daniel who are moving on to secondary school. We wish William and Daniel all the best in their new schools and know that with their 'Crosby training and values' they will confidently go on to make new friends and learn new things.

Once again these important events in the school calendar, sadly cannot be the usual community events we like to make them, due to the recent increase in Covid cases and the Delta variant but we all must stay safe.

An afternoon of outdoor action packed activities has also been organised for the children with 'Action Ants'. The children will tackle the junior warrior obstacle course which includes a slip & slide mat and inflatable kayak. Dodgeball games will also take place. So with water fun guaranteed we anticipate a need for change of clothes and towels!! Parents have been advised!!

Our Breakfast and After school clubs continue to provide wrap around care from 8am to 5pm, with activities such as athletics, razzamatazz, gardening, football and summer crafts. With us now being in the summer term, and looking ahead to the new school year, we have already had some enquiries for nursery places in school, and we'd encourage anyone who wants to know more about the possibilities to get in touch, by ringing us on 01931 715265.

On the subject of our School Governors we are pleased to say that our numbers have increased with the appointment of three more. We welcome Barbara Wallis, Karen Winder and Katie Metcalf to the team. They each have their own important skills to bring to the Governing Body and we look forward to the contributions we know they will make.

We are however in need of a new clerk to the Governors. The post is initially for 100 hours per school year to cover 9 meetings plus additional governance duties and is a paid position. It is a great opportunity to be involved with school. Full details and a job description can be found on the school website. Please share this job opportunity with anyone who you think might be interested. The closing date is Tuesday 6th July.

SO UNTIL SEPTEMBER, AND THE START OF A NEW SCHOOL YEAR.....GOOD LUCK to William and Daniel and to the children, staff and members of the wider community, enjoy the summer holidays. HAVE FUN AND STAY SAFE.

Services and events at your parish church of St Lawrence-July and August

[also see www.northwestomorlandchurches.org.uk]

Sunday 4 July 11.00am Holy Communion, Rev Stewart Fyfe Sunday 11July 11.00am Holy Communion, Bishop James Bell Sunday 18 July No service at CR - Open Gardens [see advert below] Sunday 25 July 6.30pm Evening Prayer

Sunday 1 August 11.00am Morning Prayer & Baptism, Lay led & Rev L Bezuidenhout

Sunday 8 August 11.00am Holy Communion, Bishop James Bell Sunday 15August 6.30pm Evening Prayer, Rev Stewart Fyfe Sunday 22 August 11.00am Morning Prayer and Baptism, Rev Stewart Fyfe Sunday 29 August Joint Holy Communion at Askham

OPEN GARDENS Sunday July 18th

Thanks to the really healthy number of those who have agreed to open their garden or encourage a peak over the wall, we are able to go ahead !

- Tickets & maps on sale at church from Midday
- Refreshments will be available in the church grounds 3 5pm.
- Please bring an outdoor chair/rug to sit on!
- Dogs welcome, but not in the gardens
- Appleby Town Band will be playing outside church on the green during the afternoon

[There is still time to tell us if you'd like to Open your Garden/peak over the wall. Ring Jill on 715 496 or Alex 716001. A garden number to display will be delivered to you a day or so before July 18th. Thank you!]

LEVENS CHOIR CONCERT 'Music in Quiet Places'

Was to be July 11th but has had to be rescheduled due to ongoing Government restrictions.Hopefully it will be in October, so watch the Link in September.

Apprenticeships in the Westmorland Dales SKILLS FOR THE FUTURE





If you would like to get a job working outdoors in the countryside, while gaining a vocational qualification, this may be the opportunity for you. This apprenticeship will provide you with the chance to develop a wide range of skills in countryside management, plus a Level 2 Countryside Worker Apprenticeship



Apprenticeship: Level 2 Countryside Worker Work base: Tebay - Duration: 18 months - 37 hours per week Salary: £4.50 per hour year 1, rising to National Minimum Wage year 2 Annual leave: 25 days per year Start date: August 2021 Positions: 4 available in 2021

TO APPLY VISIT: www.yorkshiredales.org.uk/jobs

For more information about this position, requirements and desired qualifications, contact: **belinda.lloyd@yorkshiredales.org.uk** or call **07971 528776**



Caption Competition

Suggestions for last months photo:

"I'm stone in love with you" with apologies to The Stylistics Anne Hughes



"Two stones were sitting on a wall, and one stone said to the other stone" Vicky Welch

Crosby Ravensworth Parish Council Agenda 5 July 2021 Starting at 7:30pm at Crosby Ravensworth Village Hall.

Councillors and Subscribers.

An extra-ordinary meeting of the Parish Council will take place on the 5th July in place of the scheduled meeting.

This meeting is being convened under Standing Order 15. b. iii.

The sole function of the meeting is for Councillors to elect a Chairman to replace David Graham following his resignation as both Chairman and as a Parish Councillor on the 26th May 2021.

The meeting will take place in person at Crosby Ravensworth Village Hall at 7.30pm <u>and not online</u>. Members of the public will be able to attend and to observe. All attending are required to read and comply with the Covid Risk Assessment. 05 07 2021.



OPENING HOURS FROM MAY 17th 2021

	Bar Service	Kitchen Service
Monday	CLOSED	CLOSED
Tuesday	CLOSED	CLOSED
Wednesday	5pm - 11pm	5pm - 8pm
Thursday	5pm - 11pm	5pm - 8pm
Friday	12pm - 12am	12pm - 8.30pm
Saturday	11am - 12am	11am - 2pm 5pm - 8.30pm
Sunday	12pm - 10.30pm	12pm - 7.30pm



STARTERS

Halloumi Chips, Sesame, Sour Cream, Pomegranate (v)	
Bury Black Pudding, Potato Cake, Tomato Relish, Fried Egg	6
Smoked Haddock Fish Cake, Creamed Leek, Poached Hens Egg	7
Chicken Liver Pate, Redcurrant + Red Onion Chutney, Hot Toast (gfr)	6.5
Salt + Pepper Calamari, Lemon Mayo	6
Sharing Honey + Rosemary Baked Camembert, Bread Croutons, Sun-blush Tomatoes (v)	13

MAINS

Goan King Prawn + Coconut Curry, Rice, Naan, Pappadum (gfr)	17	1⁄2 10
Butchers Smash Burger, Lettuce, American Cheese, Sweet Pickled Red Onion, House Made Burger Sauce, Fries		5
10oz Rib Eye, Buttered Mushrooms, Confit Tomatoes, Pickled Onion Rings, Dripping Chips (gfr)	21	
Battered Haddock, Dripping Chips, Mushy Peas, Lemon, Tartare (gfr)	14	1⁄2 9
Plant Based Burger, Lettuce, Fries, Burger Sauce, Sweet Pickled Red Onion (v)	14	
Pan Fried Chicken Breast, Crispy Drummer, Mushroom Cream Sauce, Dijon Mash, Buttered Greens, Proccutio	16	
Low + Slow Pork Cheeks, Black Pudding + Potato Bon Bon, Celeriac, Cabbage, Apple Gravy, Crispy Skin	16	
Sticky Chilli Pork Ribs, Fries, Slaw, Corn On The Cob	15	
Fish Pie, Cheddar Mash, Crispy King Prawn, Buttered Local Greens, Bread + Butter	17	
Mushroom + Cashew Nut Stroganoff, Braised Rice, Soured Cream, Chive (v)	15	1⁄2 9

Please advise a member of the team of any allergies or dietary requirements

(gf) - Gluten free (v) - Vegetarian (gfr) - Gluten free on request, please tell a member of the team



DID YOU KNOW.....? You can now buy duck eggs in Maulds Meaburn.

They are FOR SALE outside Hill House, Hopper Hill, CA10 3HN

which is the white house, on the left, two before MMVI, if coming from Crosby OR second on the right after MMVI coming the other way.

> They are priced at £2.50 for six duck eggs. (Honesty Box)

Meaburn Wildflowers Wildflowers & Seedballs For Sale Kings Meaburn Tel Martin 07770 500105 Grown in Cumbria

Crosby Ravensworth Charities

The Crosby Ravensworth charities have a selection of medical aids that people in the parish can collect and take on long or short term loan, everyone is welcome to come and see what we have, and they are free of charge, the items include an electric riser chair, bath lift, wheelchair, commodes, shower stool, house trolleys, toilet frames, crutches, a four wheeled walker, and lots more, these things are there to be used, so please shout out if you are in need of anything, telephone Joyce Raine on 01931715223, we are here to help.

AIR AMBULANCE COLLECTION

ITEMS COLLECTED ARE, CLOTHES, BEDDING, SHOES,BELTS, TOWELS,HANDBAGS, COSTUME JEWELLERY, BELTS, HATS, BOOKS HARD & SOFT BACK,CDS,DVDS, VIDEOS,INK JET CARTRIDGES,MOBILE PHONES, USED STAMPS IN A CLEAR BAG.

NO DUVETS, PILLOWS OR BRIC A BRAC

USE BLACK BIN BAGS YOU HAVE FOR ITEMS

PLEASE LEAVE BAGS ON THE FLOOR FOR COLLECTION. Items to be left before 9am on the day.

DATES ARE: Wed 14TH JULY Wed 11th AUG, WED 8TH SEPT, WED 13TH OCT, WED 10TH NOV, WED 8TH DEC.

INFO KITTY 01931-715375 EMAIL

kitty.s65@btinternet.com





WESTMORLAND DALES

Westmorland Walks and Heritage Talks WESTMORLAND WALKS

The Westmorland Dales Landscape Partnership Scheme team is leading a number of walks exploring Orton Scar's cultural and natural heritage as well as the fascinating geology, history and wildlife of Great Asby (GREAT ASBY IMAGE BELOW).

Saturday 3rd July. National Meadows Day at Piper Hole Farm

Guided, self-guided walks with Farmer 'Frank Hunter' plus wildflower meadow advice from Cumbria Wildlife Trust throughout the day around some of Cumbria's finest upland Hay Meadows. These traditional hay meadows boast a breath taking display of wildflowers at this time of the year.

Saturday 3rd July. National Meadows Day -Marvellous meadow walk for children at Piper Hole Farm

Discover the marvellous meadows at Piper Hole and the extraordinary array of wildflowers, bees and minibeasts on this explorer walk for children.

Monday 12th July. Identifying bumblebees for beginners

Join Carol Edmondson the Bowland Meadow Makers Officer as we walk the bumble bee transect at Cumbria Wildlife Trusts Bowber Head Farm learning more about their decline in numbers, ecology and how to Identify the more common species.

14th July: Lammerside Loop Health and Heritage Walk

A short loop from the Tommy Road taking in part of Mallerstang's cultural and natural heritage, including Lammerside Castle.

17th July Great Asby Walks

A range of long and short walks from 2km to 8km running throughout the day exploring the village of Great Asby and further afield taking in its fabulous views, history, cultural heritage and wildlife.

Wednesday 28th July: Orton Scar Health and Heritage Walk

A short loop taking in part of Orton Scar's cultural and natural heritage. Aimed at health and wellbeing and getting out into the fresh air with a sprinkling of heritage.

HERITAGE TALKS

It is also hosting a number of live ONLINE 'Heritage Talks' where you can join a live 30 minute talk via Zoom and get the opportunity to ask questions in a short Q&A session following the presentation. (LITTLE ASBY COMMON IMAGE ATTACHED).

7th July: Upland Birds of the Westmorland Dales

Tarja Wilson, a Land Management Adviser with the YDNPA, will talk about some of the upland birds to be found in the Westmorland Dales. She'll help you to identify them, and will describe their habitats, some of the threats they are under and what is being done to conserve them.

4th August: Round House to Long House

An archaeological survey over the last 20 years has revealed a rich and complex pattern of settlement on Little Asby Common that dates back to the Bronze Age. The webinar will present the results of past archaeological work and will outline the proposed community excavations of some of the more significant sites to be undertaken later this year.

1st September: Digging the Past

An overview of the forthcoming Digging the Past Westmorland Dales Landscape Partnership project getting volunteers supported by professional archaeologists to excavate up to thirty small test pits around the village of Ravenstonedale in Cumbria.

The walks and talks are popular so you'll need to reserve your place/s early via the events section of the Westmorland Dales Scheme website:

www.thewestmorlanddales.org.uk



The saddest aspect of life right now is that science gathers knowledge faster than society gathers wisdom.

Isaac Asimov

Adopt the pace of nature: her secret is patience. *Ralph Waldo Emerson*

Flowers always make people better, happier, and more helpful; they are sunshine, food and medicine for the soul.

Luther Burbank

The pen is mightier than the sword if the sword is very short, and the pen is very sharp.

Terry Pratchett

No one realizes how beautiful it is to travel until he comes home and rests his head on his old, familiar pillow.

Lin Yutang

This is the miracle that happens every time to those who really love: the more they give, the more they possess.

Rainer Maria Rilke

Kindness and a generous spirit go a long way. And a sense of humor. It's like medicine - very healing.

Max Irons

The only way to be sure of catching a train is to miss the one before it. *Gilbert K. Chesterton*

sent in by Vicky Welch